

# TWENTY – SEVENTH ANNUAL GREATER TORONTO AREA SCHOOLS ORIENTEERING INVITATIONAL

**DATE:** **Wednesday, May 14, 2008** with registrations to be received by May 7 please.

**LOCATION:** **Heart Lake Conservation Area** is on Heart Lake Road in the northern part of Brampton, Ontario. Take northbound Hwy. 410 from Hwy. 401 in Mississauga. Travel north into Brampton going past Bovaird Boulevard and exit westbound onto Sandlwood Parkway. Travel 500m west and then turn north on Heart Lake Road. The conservation area entrance is 600m north on the west side of the road. The conservation area fee for each competitor has already been included in your meet fee and organizers are admitted for free. Follow the road into the conservation area as it swings north until it reaches the Green Acres parking lot. Park and disembark. This is the registration area and the finish area. The start area is about 500m south of the finish area. It is about a 10 minute walk and the route will be marked with ribbons.

**TYPE:** Cross-country, point-to-point, school orienteering meet.

**TIME:** 10:00 a.m. to 2.15 p.m. First start at 11.00 a.m. Arrive not later than 10.30 a.m. in case you are scheduled for an 11.00 a.m. start. Start times will be posted at the site. Awards ceremony from 2.00 to 2.15 pm.

**ELIGIBILITY:** Open to students throughout the Province of Ontario. Your age class is your age as of December 31, 2008.

<b>AGE CLASS:</b>	<b>Male</b>	<b>Course</b>	<b>Female</b>	<b>Course</b>
	11-12 (& less)	White	11-12 (& less)	White
	13-14	Yellow	13-14	Yellow
	15-16	Orange	15-16	Orange
	17-19	Green	17-19	Green

**MAP:** 1:10,000 (1 cm = 100 m), 4 m contours, 5 colours, new in 2002, map case included.

**We thank the Guelph Gators Orienteering Club for graciously allowing us to use their map of Heart Lake.**

Maps will be premarked with courses for those who register by the deadline. Late registrants will have to copy their courses at the master map table adjacent to the start area. Any copying time beyond one minute will become part of their running time.

**CONTROL DESCRIPTIONS:** Typewritten in English.

**ENTRY FEES:** \$6.50 for one individual (one map with control descriptions, one control card).  
\$13.00 for one pair (two maps with control descriptions, one control card).  
Note that individuals and pairs compete in the same categories. Triples are possible but NOT encouraged.  
Conservation area entrance fee of \$2.25 per competitor (no charge for organizers) is INCLUDED in the meet fee..

**CANCELLATION DUE TO WEATHER:** Orienteering is an all weather sport. We **never** cancel a school meet because of the weather. Dress appropriately and bring a change of clothes.

**NUMBER OF ENTRIES:** Total entries will be restricted to 250.

**OUT-OF-BOUNDS AREAS:** Coach-teachers are reminded that the meet area, Heart Lake Conservation Area, is out-of-bounds to all competitors for a period of 3 months preceding the meet.

**SILVA 15–19 TROPHY:** **The Silva Trophy is awarded to the top school with entries in the 15 to 19 year-old categories, based on the total points formula below. A “keeper plaque” is also be awarded.**

1 <sup>st</sup> place in any category	5 points	4 <sup>th</sup> place in any category	2 points
2 <sup>nd</sup> place in any category	4 points	5 <sup>th</sup> place in any category	1 point
3 <sup>rd</sup> place in any category	3 points		

<b>PAST WINNERS OF THE SILVA SCHOOL TROPHY</b>	2007: Westmount S.S., Hamilton	2006 to 1998: Westmount S.S., Hamilton	1997: Lorne Park S.S., Mississauga
	1996: Westview M.S., Hamilton		

**TORONTO ORIENTEERING CLUB 11-14 SCHOOL TROPHY:**

The TOC 11-14 Trophy is awarded to the top school with entries in the 11 to 14 year-old categories, based on the total points formula above. A "keeper plaque" is also awarded.

<b>PAST WINNERS OF THE TOC 11-14 TROPHY</b>	2007:Ancaster Meadow P.S., Ancaster	2006: Adelaide Hoodless, Hamilton	2005: Bellmoore P.S., Binbrook
	2004: Bellmoore P.S., Binbrook	2003: Chedoke M.S., Hamilton	

- INDIVIDUAL AWARDS:** There are medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in each age class for both males and females. Each winning competitor will receive a medal no matter whether he or she entered as a single or part of a pair or a triple.
- COMPASS RENTAL:** A limited number of compasses will be available at \$1.00 for the day plus \$4.00 deposit.
- REFRESHMENTS, ETC:** Water will be available at the finish. Bring your lunch. Please put your garbage in the containers provided. Washrooms are available near the Finish Area at the Green Acres parking site. Be prepared for rain. We never cancel due to weather! We suggest each school should bring one or more tarps to cover competitors' extra gear. Tents are not permitted without the payment of special fees to the parks authority.
- BOOKS:** There are four excellent books on orienteering available from Orienteering Ontario:  
*Orienteering – the Adventure Game (\$5.00 plus S & H);*  
*Orienteering Skills and Strategies (\$25.00 plus S& H);*  
*Orienteering Instructor's Manual (\$25.00 plus S&H); and*  
*Orienteering Training and Performance (\$25.00 plus S & H).*
- QUESTIONS:** Please contact: **H. B. Shepherd, 416 266 9807**  
**e-mail: heather.shepherd092@sympatico.ca**

**REGISTRATION DEADLINE:** Send completed Entry Form and payment by mail to arrive by Wednesday, May 7, (one week in advance of the meet). Registration by e-mail or fax will also be accepted but you MUST give your personal guarantee of payment for each registrant. Individually signed liability waivers are required and they may be hand-carried to the meet. We respectfully **implore** you to type (keyboard) the entry information. 25 years of bad writing and printing are too much! If you are reading this on a paper copy, there will be a downloadable pdf copy of this meet flyer on the Toronto O Club website [www.toronto-orienteering.com](http://www.toronto-orienteering.com). If you e-mail the website we will send you a return e-mail with the flyer attached as a MS Word file. Alternately you can make your own typed form. Competitors who register on time will receive their maps with their courses already marked on them. Late entries may have to copy their courses onto their maps that will be given to them just one minute before their start times.

**TRAINING MEETS:** All competitors are invited to do some pre-meet training at one or more of the TOC Wednesday Evening Park Meets. These meets are held in Metro parks from early April to early September. See the TOC website [www.toronto-orienteering.com](http://www.toronto-orienteering.com) for contact information and meet site location maps. Each meet commences at 6:15 p.m. No preregistration is required, but an e-mail to the meet organizer via the TOC website would be appreciated if you plan to bring a group. Our liability insurance requires that each registrant must have at least a Basic Membership in Orienteering Ontario to participate. This costs \$4.00 for an Adult and \$1.50 for a Junior. If you take-out OOI Basic Membership at a Wednesday Evening Park Meet, the TOC will waive your meet fee for that first meet. Meet fees for subsequent Wednesday Evening Park Meets are also \$4.00 for adults and \$1.50 for juniors. For the School Meet we have arranged for a One Day Youth Membership to be included in the meet fee.

**SCHEDULE FOR THE FIRST 6 OF 22 TOC WEDNESDAY EVENING PARK MEETS**

Date		LOCATION	FORMAT	MEET DIRECTOR
Wednesday , April	9 2008	High Park	Score-O	Malcolm Goddard
	16	Earl Bales Park	Sprint	Don Ross
	23	High Park	Classic	Jerry Bakker & Tali Folkins
	30	Taylor Creek Park	Score-O	Peter Innes
May	7	Sunnybrook Park	Classicr	David Bondy
	14	Warden Woods Park	Sprint	Raymond Chung

**THE BEST FIVE RESULTS IN EACH CATEGORY AT THE GTA SCHOOL O MEET HELD IN 2007**

ACMD = Ancaster Meadow, Ancaster	MARY = Mary Ward C.S.S, Scarborough
ADEL = Adelaide Hoodless, Hamilton	MILT = Milton District H.S., Milton
BELL = Bellmore P.S., Binbrook	SRWC = Sir Winston Churchill S.S., Hamilton
BROK = Brookville P.S., Milton	STFR = St. Francis de Sales C.S., Ajax
DELT = Delta S.S., Hamilton	WEST = Westmount S.S., Hamilton
GLEN = Glendale S.S., Hamilton	WVMS = Westview M.S.,Hamilton

M17-19, Green Course, 2.5km	W17-19, Green Course, 2.5km
17m45s, Connor Allaby, WEST	25m11s, Elizabeth Ferns, Grace Howard, SRWC
19m12s, Braedon Urbanek, WEST	26m01s, Hemathida Saing, Cindy Lui, WEST
19m56s, Clayton Malet, Josh Toope, SRWC	26m07s, Jessica McGuire, Eva Pila, WEST
20m17s, Gordon Dumitru, WEST	27m39s, Kristen Wighton, Tori McEachern, SRWC
21m06s, Mike Groppo, Jordan Noble, SRWC	28m18s, Nicole Grant, Karlee Vincent, GLEN

M15-16, Orange Course, 2.0km	W15-16, Orange Course, 2.0km.
30m11s, Eric Lappalainen, WEST	19m55s, Lindsey Innes, MILT
31m39s, Catherine Hodgson, Robert Dunham, WEST	28m35s, Emily Marks, Veina Wang, WEST
32m01s, James Irving, John Posta, DELTA	31m09s, Marisa T. Perrier, Rebecca Thompson, WEST
37m14s, Mohammed Bemat, Syed Muhammed, GLEN	35m25s, Mira Anuad, Sarah Kratina, WEST
	37m02s, Charlotte Dzivy, Mary Appleyard, SRWC

M13-14, Yellow Course, 1.5km	W13-14, Yellow Course, 1.5km
7m22s, Derek Hambly, ACMD	8m40s, Desiray Stewart, Mena Faiz, WVMS
7m41s, Dele Ogundokun, Chris Velic, WVMS	9m31s, Rebecca Evans, Rebecca Vinken, ACMD
7m49s, Jordan Brown, Tony Vu, ACMD	9m54s, Shima Shaffleiar, Dina Hamed, ACMD
8m52s, Justyn Horlick, Kris Burch, WVMS	10m23s, Yasminah Chkair, Alicia Cummer ACMD
9m29s, Brendan Chancellor-Maddison, WVMS	10m34s, Tolu Ifabiyi, Trang Le, ACMD

M11-12, White Course, 1.2km	W11-12, White Course, 1.2 km
8m41s, Nathan Brown, Connor Scime, ACMD	8m57s, Elisha Hwangbo, Mackenzie Comand, ACMD
9m27s, Lucas Scime, David Hedwig, WVMS	10m49s, Delranry Fox, Hayley Buchanan, ACMD
14m31s, Paul Mills, Kevin Le, ACMD	12m22s, Yixin Zhu, WVMS
15m17s, Paul Gill, Brock Bennett, ACMD	12m35s, Charlene Malcew, Judy Shen, WVMS
15m37s, Kent Hambly, Tyler Breakey, ACMD	14m16s, Drina Weatherhead, Caroline Mackey,ACMD

**ENTRY FORM  
SCHOOLS ORIENTEERING INVITATIONAL  
HEART LAKE CONSERVATION AREA, BRAMPTON, WEDNESDAY MAY 14<sup>th</sup>, 2008**

**REGISTRATION:** Send completed registration form and payment (**\$6.50 per person payable to Toronto Orienteering Club**) to:

**Tom Hamblin      C/O Mirus International Inc      6805 Invader Court, Unit 12      Mississauga, ON L5T 2K6**  
**Office Telephone:      905 565 6900      Office FAX:      905 565 6911 (Prefer e-mail with Word attachments)**  
**Home Telephone:      416 266 9807 (not later than 10 pm, please)      e-mail:      hamblin@mirusinternational.com**

**Enter one name per line and clearly indicate the individual runners and combinations in the Single/Pair Column so that we will know who is running with whom. For example, line-by-line in the Single/Pair Column, 3 Singles, 2 pairs, and a triple would be entered as S1, S2, S3, P1, P1, P2, P2, T1, T1, T1. Male-female pairs will compete in the male category. Triples are possible but NOT encouraged.**

The student's age as of December 31, 2007 determines his or her age class (11-12, 13-14, 15-16, 17-19). We are using traditional orienteering age classes rather than OFSAA age classes. Each student must submit a signed waiver at the meet in order to participate in the meet.

For our insurance purposes, students must be either a One Day Member, a Basic Member, or a Full Member of Orienteering Ontario to participate in the Schools Meet. The meet fee includes an automatic One Day Membership provided the waiver is completed and signed. There is no reduction in the meet fee if a student is already a Basic or Full Member of Orienteering Ontario.

The fee is applicable per person whether competing as an individual or as part of a pair. Each person receives a map to keep as a souvenir.

No.	Name	Phone	Age Class	Sex	Single/Pair	Fee \$6.50
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

**NAME OF SCHOOL and CITY**

**STREET (and mailing) ADDRESS, CITY, and POSTAL CODE**

**SCHOOL PHONE**

**SCHOOL FAX**

**SCHOOL E-MAIL**

**TEACHER ACCOMPANYING TEAM**

**TEACHER'S HOME PHONE (OPTIONAL)**

**TEACHER'S HOME E-MAIL (OPTIONAL)**

**DATE SUBMITTED**

Teacher supervision is required at the meet for all students. At the meet itself, it would be very helpful if each teacher-coach has several other adults available to assist in monitoring controls and/or marshalling during the meet.

**TEACHERS: PLEASE DUPLICATE THIS WAIVER FORM AND OBTAIN A SIGNED COPY FROM EACH PARTICIPANT. ENTRY FORMS MAY BE FAXED OR E-MAILED, BUT ORIGINAL WAIVERS FOR EACH COMPETITOR MUST BE SUBMITTED PRIOR TO THE COMPETITION.**

I hereby release the Toronto Orienteering Club, Orienteering Ontario Association Inc., the Canadian Orienteering Federation, the City of Toronto, and their agents, representatives, and members from any and all claims or rights to damages for any injuries or losses incurred by me or my family directly or indirectly during, before, or after the competition at the Greater Toronto Area Schools Orienteering Invitational. I accept that a One Day Membership in Orienteering Ontario Association Inc is included in my meet fee.

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_  
(Parent/Guardian must sign if competitor is under 18 years of age)

**Student's name (Please print):** \_\_\_\_\_ **Date of Birth (Y, M, D)** \_\_\_\_\_

**Name of School and City** \_\_\_\_\_

**Name of Parent and emergency phone number: (Please Print)** \_\_\_\_\_

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(Parent/Guardian must sign if competitor is under 18 years of age)

**Student's name (Please print):** \_\_\_\_\_ **Date of Birth (Y, M, D)** \_\_\_\_\_

**Name of School and City** \_\_\_\_\_

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**Student's name (Please print):** \_\_\_\_\_ **Date of Birth (Y, M, D)** \_\_\_\_\_

**Name of School and City** \_\_\_\_\_

**Name of Parent and emergency phone number: (Please Print)** \_\_\_\_\_

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**Name of School and City** \_\_\_\_\_

**Name of Parent and emergency phone number: (Please Print)** \_\_\_\_\_